St John the Baptist Catholic Primary School

# PE Curriculum Map 2025 - 2026:

**Athletics, Dance, Gymnastics, Games, Outdoor and Adventure Activities and Aquatics**

| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|---|---|---|---|---|---|---|---|---|
| Autumn 1 | Fundamental Movement Skills Monday 13:00 | Multi Skills Tuesday PM | Fundamental Movement Skills Activities Thursday PM | Multi Sports Tuesday PM | Rugby Skills Thursday AM | Orienteering Friday AM | Rugby Skills Thursday AM | Orienteering Friday AM |
| | | | Gymnastics Monday PM | Orienteering Friday AM | Martial Arts Wednesday PM | Gymnastics Monday PM | Swimming Monday PM | Martial Arts Wednesday PM |
| Autumn 2 | Fundamental Movement Skills Monday 13:00 | Multi Skills Tuesday PM | Target Games Tuesday PM | Gymnastics Monday PM | Invasion Games Monday PM | Dodgeball Monday PM | Martial Arts Wednesday PM | Gymnastics Monday PM |
| | | | Functional Fitness Thursday PM | Functional Fitness Wednesday PM | Multi Skills Tuesday PM | Martial Arts Wednesday PM | Swimming Monday PM | Handball Thursday PM |
| Spring 1 | Fundamental Movement Skills Monday 13:00 | Mini Rugby Tuesday PM | Dodgeball Tuesday PM | Fundamental Movement Skills Wednesday PM | Gymnastics Monday PM | Fundamental Movement Skills Monday PM | Functional Fitness Thursday PM | Functional Fitness Wednesday PM |
| | | | Mutli-Sports T1 Thursday PM | Multi-Skills Monday PM | Functional Fitness Tuesday PM | Functional Fitness Friday PM | Swimming Monday PM | Hockey Thursday PM |
| Spring 2 | Fundamental Movement Skills Monday 13:00 | Gymnastics Tuesday PM | Athletics Tuesday PM | Target Games Monday PM | Dance Monday PM | Dance Monday PM | Forestry Wednesday PM | Netball Wednesday PM |
| | | | Multi Sports T2 Thursday PM | Athletics | Dodgeball Tuesday PM | Dodgeball | Swimming Monday PM | Tennis Thursday PM |
| Summer 1 | Fundamental Movement Skills Monday 13:00 | Athletics Tuesday PM | Striking & Fielding Thursday PM | Multi Sports T2 Monday PM | Forestry Wednesday PM | Multi Skills Monday PM | Striking and Fielding Thursday PM | Dance Monday PM |
| | | | Multi Skills Tuesday PM | Skipping Friday PM | Multi Sports T2 Tuesday PM | Striking & Fielding Friday PM | Swimming Monday PM | Dodgeball Thursday PM |
| Summer 2 | Fundamental Movement Skills Monday 13:00 | Multi Skills Tuesday PM | Forestry Wednesday PM | Athletics Friday PM | Athletics Tuesday PM | Athletics Monday PM | Multi Sports T1 Thursday PM | Cricket Tuesday PM |
| | | | Dance Monday PM | Dance Monday PM | Striking & Fielding Wednesday PM | Rugby Skills Thursday AM | Swimming Monday PM | Rugby Skills Thursday AM |